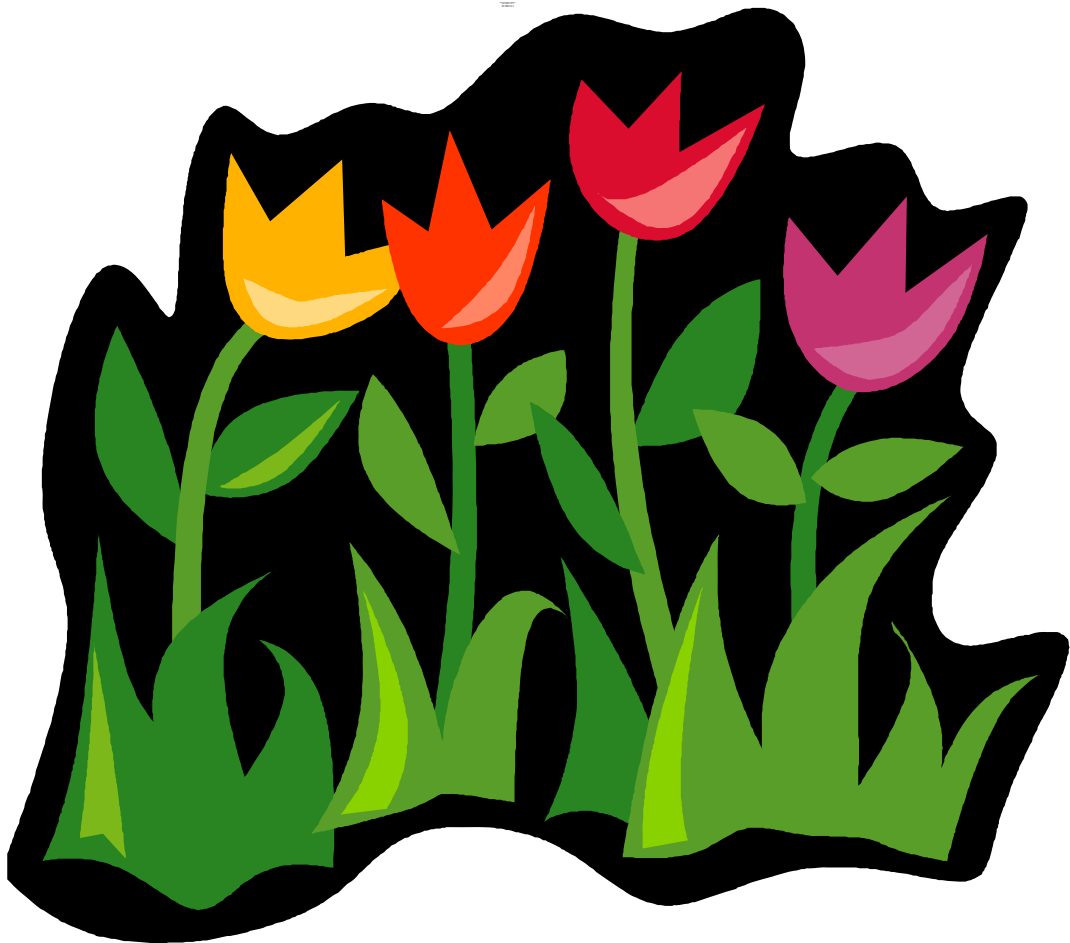


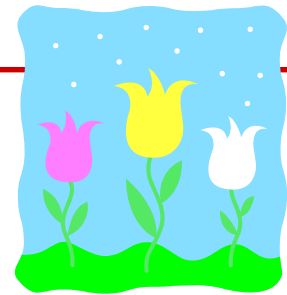
Eloura News

September
October



Coming Events for September

- 1st - 1st Day of Spring
- 6th - Special Needs bus outing
- 10th - Quirindi show
- 11th - Quirindi Show
- 14th - Carers Meeting
10am
- 15th - ACACIA Café CWA
outing
- 16th - Mens Shed Outing
- 22nd - Residents Meeting
- 23rd - Bus outing to Alkira Hostel
- 26th - Oktoberfest multi Cultural day



Coming Events for October

2nd - Grand Finals Football

4th - Special Needs Bus outing

10th - Mental Health Day Special Exercises & Talks

21st - Mens Bus Outing

25th - Pink Ribbon day

27th - Halloween

28th - Bus outing



Welcome New Staff

Hotel
Services
Staff



Natasha Page

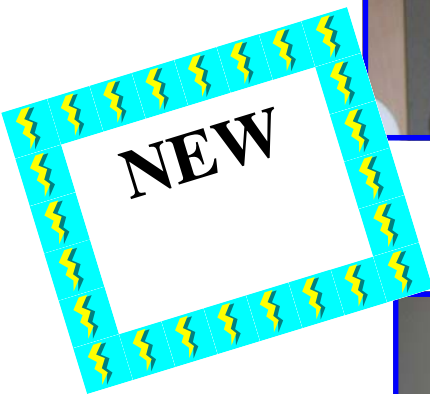


Sharni Townsend

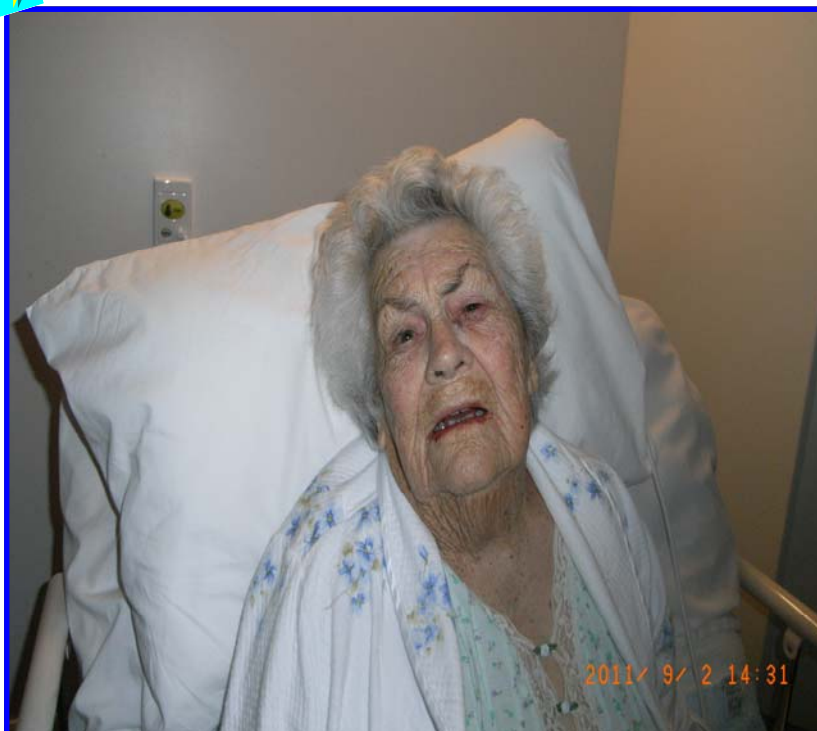


We hope you enjoy your time working at
Eloura.

Welcome to our new Residents



Noel Cameron



Mabel Pepper

Naidoc Day Celebrations



Some yummy, wiggly worm cup cakes

Barry & his Didgeridoo



All of the gang busy decorating boomerangs & Digeridoos for NAIDOC week



Milly & Emma
decorating boomerangs
for Naidoc day

Ella Had some very
good ideas for
decorating her
boomerang



Eva & Tom doing
some fantastic
boomerangs

The Independent Living Units



"Gables Units Available"

2 Bedroom unit

- **Unit 5 - Entry cost \$ 150,500**

- ❖ **Quality Fittings**
- ❖ **Good Aspect**
- ❖ **Close to Main Street**

For further information please contact:

Ann Bernard on 6741 2222

Happy Birthday



to you

September-

1st	Irene Gow
3rd	Beatrice Ireland
5th	Eleanor Windsor
8th	Lorna Hamblin
8th	Graeme Bussell
12th	Helen Shoobert
17th	Mabel Haynes
23rd	Patricia Thomas
30th	Rex Kong

October

4th	Barry Donnelly
10th	Bob Coutman
14th	Ken Rooney

Harvest Christian Church



Eloura would like to thank the Harvest Christian Church members for the many generous gifts they gave to the residents. during their last visit.

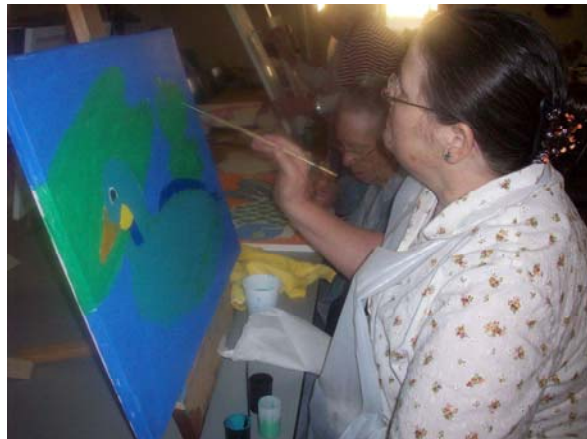


ARTS & CRAFTS



Wyn showing her artistic abilities painting a fish during Hospital Art.

Helen very engrossed with her artistic challenge.



Bea concentrating on her hospital art



Nundle bus trip



NUNDLE INN



On Friday the 22nd of July we had our bus trip to the Nundle Inn where every body enjoyed a lovely lunch and the friendly hospitality of the staff and people from the local community. After lunch, we took a drive to Hanging Rock and then onto Sheba Dam where all of the men were itching to get out and catch a big trout. The dam looked very-peaceful on the icy cold day.



Sheba Dam look's like a good spot
to catch a fish!

From The Front Desk

Spring has made an impressive entrance with the sudden burst of warmer weather which after the cold winter is welcome. I can say that I appreciate the warm sun and look forward to all the beautiful spring flowers. September & October will be busy months at “Eloura” Carol & the ladies in the Activities department are planning their calendar around the fast approaching end of the year.

The Board and management are continuing to actively recruitment a new Director of Care with little success at this time – it has been a difficult couple of months with advertising not bringing a suitable candidate to our front door at “Eloura”. Hopefully I can report success for our search with the next edition of the “Eloura News” for the November/December edition. Lynette Stevens who filled the Deputy Director of Care role since 2008 retired at the end of July and I trust that she will now find time to catch up on the unfinished paintings and craft projects that were put aside whilst we worked to settle residents into “Eloura” during 2009 and 2010. We wish Lynette well in her retirement.

Congratulations to the following Staff members of the Month – July recipients were Sue Wales (Activities), Debbie Outerbridge (Care Staff) & Maxine Houldsworth (Hotel Services). August recipients were Kerri Arthur (Hotel Services), Shortie Gatsi & Abigail Mizeko (RN’s - Registered Nurses). All staff nominated have received compliments from a variety of sources including residents, relatives/carers, staff and visitors over the past few months. Congratulations, Well Done and keep up the good work.

With the upcoming business awards two members of staff have been nominated in the “Employee of the Year Award” category.

Congratulations to Amy Charters (Hotel Services) and Jenni Cleal (Care Staff) for their efforts in being nominated and recognised for this prestigious award. The Quirindi Chamber of Commerce is hosting the awards night on Thursday 22nd September at the RSL club – we wish both ladies the best and good luck.

The Ladies Auxiliary are busy planning their next fundraiser which will be a Fashion Parade to be held at the Royal Theatre on Saturday 8th October starting at 1pm. Lorraine Reilly & fashions from Shoppe Two Ten are to be featured, cost is \$15.00 and includes entry, afternoon tea, & lucky door prizes. Please add this date to your diary and come along & enjoy the afternoon. Wendy & the hard working lady members continue to provide equipment for our residents & staff which makes life easier at “Eloura”.

Our next Carer’s Meeting has been scheduled for Thursday 15th September at 1000hrs for morning tea prior to the meeting and is held in the conference room on the ground floor, it has been put back 1 week from the usual date, it has also been changed to Thursday due to a TAFE class here on a Wednesday. All relatives and carer’s are invited to attend.

Relatives or carer’s that may have any concerns or suggestions don’t hesitate to speak with Nic, Ann or myself to discuss any queries or concerns regarding care needs or accounts. If Nic, Ann or myself are not available at short notice family members or friends are encouraged to make an appointment to see us & have a discussion at your convenience.

Here’s hoping that the weather stays warm and that we can get rain to water the gardens in the coming weeks and that we won’t complain too much when we need to do the weeding in the garden.

Administration and Management Staff



Snippets From the Activities Department

We celebrate the beginning of Spring with some beautiful weather and lots of activities and birthday celebrations.

September seems to have been a popular time for people to be born, with Eloura having quite a few this month including May Haynes 101st. Birthday. We must not forget, special celebrations for Fathers Day on Sunday the 4th. September, we hope to have an extra celebration on the Friday with our sing-along with Ray and Geoff, and a lovely cake.

Our men's Special Bus outings have commenced with trips to the Heritage Village to reminisce times past and enjoy men's talk over lunch. This included men from all levels of care, the only hic-up being not enough wheel chair space on the bus to include all that wanted to attend. Hopefully some time in the future we will be able to have our own bus so we can split these days to include all. I have put in a submission to Shenhua mines funding committee, with hopes we can obtain funding to hopefully assist us with such a project, so keep your fingers crossed.

We are very fortunate to be able to continue with our Hospital Art and this should be able to be enjoyed out doors on level 1 as the days become more pleasant. Hospital Art provides a wonderful medium to express our selves and we are fortunate to be provided with this craft to enjoy.

September will also see us travelling to Gunnedah to socialize with residents at Alkira Hostel, networking with other homes provides our residents with an opportunity to make new friends and enjoy socializing out side their home and community. Would like all the residents who are attending the outing to wear bright colours as our theme for the outing.

Monday the 26th Sept. our residents will experience German Culture for Oktoberfest with food and cultural education from



Snippets From the Activities Department.

Barvaria, we hope to study and experience cultures of a difference each month. On the 30th. September the remains were found in 1957 of the ships involved in Mutiny of the Bounty. We would like to remember this with a showing of the film, Mutiny Of The Bounty for you all to enjoy , along with special treats on the day to celebrate the discovery of the Bounty.

There is a Mental Health Education Day to be held on 10th. Of October, I hope you will all join in on this day to discuss the importance of maintaining a healthy lifestyle to ensure a healthy body and mind, will try to include some healthy treats for you to enjoy on the day.

Pink Ribbon Day will be held October 18th, I hope you will all support this very worthy course, many of us have had a family member or have been affected our selves with breast cancer. Don't forget we will be holding our Fete on the first Saturday in November, we hope to use this as our major fundraiser for the year. The money raised will go to a good cause, hope to purchase a hot blanket oven, to help provide comfort for those requiring bed sponges and pain relief, also extra seating for the Special Needs garden area for the enjoyment of those who wish to spend time outdoors in the warmer weather. Recipes are coming in for the recipe book, mainly cakes and slices, so perhaps we will present this book as such if you have a favourite recipe you would like to share, let us know and we will include it in the book. I would like to take this time to thank the Auxiliary and all our volunteers for their wonderful support.

Thank you all, Carol.

Adventist teenagers
entertained residents with
some singing, chatting and
giving out gifts to the
residents.



RECIPE CARD

Blueberry Friands (makes 60 friands)

Ingredients:

875g Hazelnut/Almond meal

1500g Icing Sugar

40g Orange Rind

500g Plain Flour

720g Melted Butter

24 Eggs

800g Blueberries

Method:

Line cupcake tins.

Combine nutmeal, icing sugar, rind and flour and mix.

Stir in melted butter and beaten egg whites.

Divide into tins and press blueberries into centre of each mixture.

Cook into oven for 15 minutes.



Eloura Ladies Auxillary

Fashion Parade - Shoppe Two Ten

When: Saturday 8th October

Where: Quirindi Royal Theatre

Time: 1-1:30pm



\$15 Includes - Entry and Afternoon Tea

Lucky door and Raffle available

We need your help...

Friends, family members, ladies auxiliary, residents and staff are invited to submit their favourite recipes to be included in the revamped Elmswood Recipe Book.

This will be a combined fund raising effort for 2011.

The 'old' Recipe Book has some great recipes and it is hoped that we can add to this and make it a bigger and better Eloura 'Old Favourites' Recipe Book.

If you have a recipe that has a story attached to it, please include this...

E.g. It has been handed down through the generations

Thank you from the Activities Department - 67 412 225